



*Our Lady of the Wayside Catholic Primary School
Learning and growing together, rooted in Christ.*



School Prayer

Loving God,
Bless everyone in our school,
May Your Holy Spirit guide us
As we learn and grow together today,
In all our actions, words and thoughts,
Help us to stay rooted in Christ Jesus, our Lord.
Amen.

The prayer was written by children and staff of Our Lady of the Wayside Catholic School.

Prayer before meals

Bless us O God, as we sit together,
Bless the food we eat today,
Bless the hands that made the food,
Bless us O God.
Amen.

Prayer after meals

Thank you God for the food we have eaten,
Thank you God for all my friends,
Thank you God for everything,
Thank you God.
Amen.

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth,
as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

The Lord's Prayer 'is truly the summary of the whole of the Gospel'. (CCC2761)



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The Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit. Amen.

The sign of the cross is both an action and a statement of faith. A physical reminder of our redemption in the cross and an expression of faith in the Trinity.

Glory be to the Father

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. Amen.

The doxology is a short expression of praise of the Trinity dating back to the Early Church. It is used extensively in the Liturgy of the Hours and in devotions such as the Rosary.

The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

The first part of the Hail Mary is biblical drawn from Gabriel's greeting to Mary at the Annunciation and Elizabeth's greeting at the Visitation. The second part of the prayer has its origins in 15th century Italy.

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

The prayer is based on one by Reginald of Canterbury in the early 12th century.



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Eternal Rest

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace. Amen.

Based on the Entrance Antiphon of the Mass for the Dead.

Act of Contrition

O My God
because you are so good
I am very sorry
that I have sinned against you
and by the help of your grace
I will try not to sin again

Come, Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you will renew the face of the earth.

Prayer after Holy Communion

O Sacrament Most Holy,
O Sacrament Divine,
All praise and all thanksgiving,
Be every moment Thine.

Repeat 3 times.

Home Time Prayer

God our Father, I come to say
Thank you for your love today
Thank you for my family
And all the friends you give to me
Guard me in the dark of night
And in the morning send your light.
Amen.



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Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
For our sake
he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven and is
seated at the right hand of the
Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life, who proceeds
from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the
prophets.
I believe in one, holy, catholic
and apostolic Church.
I confess one baptism
for the forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come.
Amen.

Prayer for First Holy Communion

God Our Father
Help me to work hard and pray hard
as I prepare for my First Communion Day.
And when your son Jesus
comes to me for the first time
in Holy Communion,
may I be ready to welcome him
with all my heart.
I ask this through Jesus our Lord. Amen.